



AND YOU, WHO ARE YOU BRINGING?

Transdisciplinary Creation Laboratory–Performance

Direction: Alicia Soto

Alicia Soto – Hojarasca Company



Alicia Soto

Hojarasca

Artistic Note from the Director:

To bring is to arrive accompanied.

To bring is to allow the body to summon what inhabits it.

Each person arrives with a story,
with visible and invisible memories,
with inherited voices and open questions.

They arrive with what they have been able to name
and with what is still searching for a form in order to be spoken.

And you, who are you bringing? is an invitation to listen to those
presences and to transform them into shared creation.

Here, the body becomes a territory of encounter:

a space where intimate experience dialogues with the collective,
where movement, voice, and silence build a common language.

The laboratory proposes a suspended time,
a space for listening and research.

When words are not enough, the body speaks.

When the gesture is exhausted, silence sustains.

At the intersection of training and creation,

between research and performance,

a living and unique artistic experience emerges,

born from the encounter between people and territories.

Beyond dance and theatre,

this project proposes the construction of a shared place:

a space of hospitality, transmission, and transformation.

A place that can be carried within,

like an inner garden,

like a memory in motion.

And you, who are you bringing?

And you, who are you bringing?

Laboratory-performance

The laboratory-performance **And You, Who Are You Bringing?** is a transdisciplinary creation project that brings together dance, theatre, and music, combining training, research, and public presentation.

It is a contemporary and innovative project that, due to its nature, is unique and unrepeatable in every place where it takes place, as it emerges from the personal proposals of the participants and from the sociocultural context in which it unfolds.

The project strengthens international pedagogical and creative ties between Spain and the hosting festival, within a framework of cultural cooperation that goes beyond mere stage presentation.



[VIEW VIDEO](#)



Trajectoria internacional do projeto

The laboratory–performance **And You, Who Are You Bringing?** has an extensive and solid international trajectory, developed in collaboration with theatres, festivals, and cultural institutions, with the support of the Spanish Embassies, Instituto Cervantes centres, and Spanish Cultural Centres.

The project has been presented in:

- New York (USA)
- Argentina (International Theatre Festival of Bariloche, Río Negro)
- Portugal (Teatro Extremo, Almada)
- Morocco (Tangier and Casablanca)
- Spain (Valencia, Teatro Calderón in Valladolid, Ciudad Real, among others)

More information:

<https://hojarasca-danza.com/espectaculos/y-tu-a-quien-traes/>

Description of the laboratory–performance

And You, Who Are You Bringing? is a collective creation laboratory–performance aimed at professionals or individuals in the process of professionalization from different artistic disciplines, aged 16 and above.

People who are usually positioned as spectators or receivers of artistic expression become performer-creators here, sharing what they wish to bring to the stage: concerns, memories, questions, social issues, and life experiences.

The ultimate goal is the creation and presentation of a performance that, through a poetic dramaturgy, explores memory and identity, telling the stories the participants wish to share, starting from the central question:

And You, Who Are You Bringing?



Working methodology.

The project combines:

- Practical training in movement technique, body, and voice
- Work on stage presence, group listening, and collective creation
- Learning basic tools of contemporary performance: space, time, focus, lighting, and composition
- Understanding how to position oneself as a creative performer in the development of a work
- Artistic research within a previously created dramaturgical framework, based on **memory and identity**.

There are predetermined choreographic scores and physical actions that participants learn, to which new actions are added, created from the abilities and proposals of each group.

A simple and sustainable lighting design will be created.

A musical soundtrack will be developed, including live music if there are musician participants.

The process culminates in public performances, integrating training, research, and presentation.

Open Call and Selection Process

Participant selection is organised through an open and multidisciplinary call addressed to a broad range of people, with artistic experience or in training, aged 16 and above.

The selection will be based on the artistic interest of the proposal submitted by the candidate (choreography, text, or music), inspired by the concept **And You, What Do You Bring?**

The open call will be managed by the festival or theatre through its official channels and social media, in collaboration with the Alicia Soto–Hojarasca Company.

Technical Rider

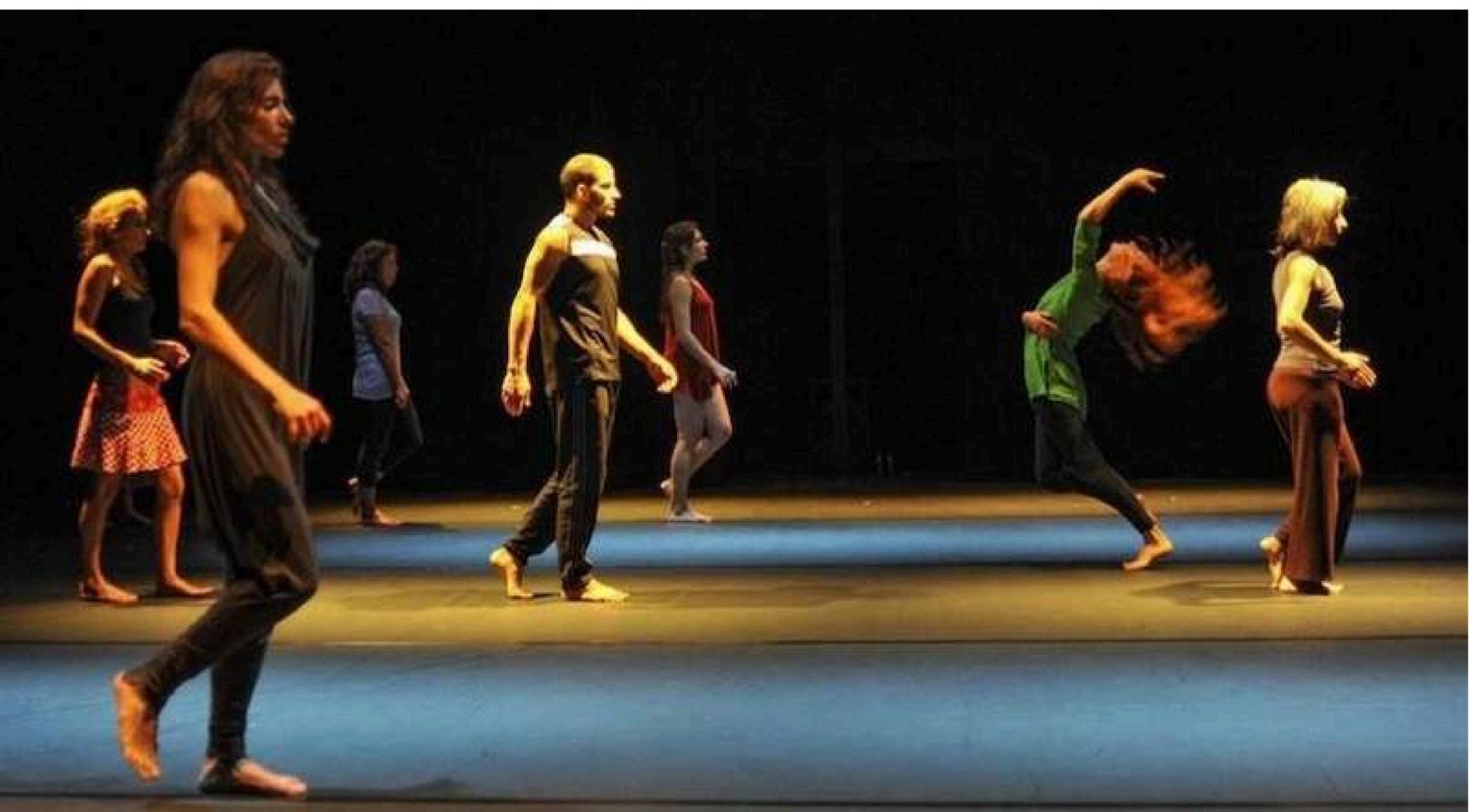
- Duration of the laboratory–performance: **10 days**
- Working schedule: **4 hours per day**
- Participants: **12 people**
- Performances: **minimum of 2 sessions**
- Technical requirements: rehearsal space, theatre for performances, lighting and sound technician

Social Impact and Objectives

The main objectives of the project are:

- To foster the creation of **new audiences**
- To strengthen a sense of community around the theatre
- To promote **gender equality and social inclusion**
- To facilitate access to artistic training for people with fewer resources
- To integrate participants of different ages, including people over 60

Priority is given to gender-balanced participation and the inclusion of individuals at risk of social exclusion, especially women over 50.





Sustainability and the 2030 Agenda

The proposal is committed to a sustainable scenography, based on the recycling and reuse of clothing brought by the participants themselves..

The project aligns with the objectives of the **2030 Agenda**, consistently addressing themes such as:

- Gender equality
- Migration
- Climate change
- Identity and memory

Performance Synopsis and Workshop Open Call

And You, Who Are You Bringing? is an experience of encounter, creation, and collective expression, celebrating identity and memory, the place of the body and imagination, exchange, and artistic transformation.

Beyond bringing a friend or acquaintance who also brings you:

Who else do you carry within your body and your mind?

Who or what do you carry inside you that has never been able to express itself with confidence and freedom?

What questions, desires, concerns, memories, landscapes, times, voices, pains, images, people, flavors, places, bodies, pleasure, scents, absences, feelings, and joys do you carry within you?

With whom do you speak, and about what, when you are alone with yourself?

We invite you to create a time in which we can expand what we carry inside and share it freely, without judgment—until words are no longer enough and we must dissolve them into our bodies, and until movement is no longer enough and we must condense it into a single word.

Beyond performance, beyond dance and theatre—yet with the freedom to summon them—what we seek is the construction of a place and a moment where we can breathe what we are, what we feel, what we think, what we imagine, what we dream... and carry it always within us, like an inner garden, like a walnut, until we can once again open the doors and share it.

Artistic Credits

Original Idea: **Júlio Martín da Fonseca**

Direction, Creation and Choreography: **Alicia Soto**

Performers: **12 intérpretes que participam no laboratório**

Production: **Companhia Alicia Soto-Hojarasca**

Communication and Marketing: **Precise Future**

Video: **Paulo Porfírio**

Music: **musical collage**



Curriculum of Alicia Soto



ARTographie. Artist–Researcher–Educator

She graduated from the Higher Conservatory of Dance at the Institut del Teatre in Barcelona in Choreography and Performance (1992). She completed her training in classical dance, contemporary dance, and theatre with renowned national and international masters, as well as through advanced contemporary dance courses at The Place (London). Between 1992 and 1994, she was awarded a grant by the Generalitat of Catalonia to pursue postgraduate studies as a “Visiting Student” at the prestigious University of the Arts – Folkwang Dance Studio in Essen, Germany, under the artistic direction of Pina Bausch.

One of the most decisive milestones in her transition from dancer to choreographer was the success of her first professional choreography in 1990 at the “Maratón del Espectacle” Festival at Mercat de les Flors in Barcelona, which received an outstanding review in the newspaper La Vanguardia.

In 1994, she co-founded the company Hojarasca Danza-Teatro in Burgos (Spain), and in 2000 she assumed sole artistic and choreographic direction of the company, which was subsequently renamed Alicia Soto-Hojarasca. As a director, Alicia Soto has created more than 30 productions, 2 mid-length dance video works, and 3 dance films.

In 2014, she became a Researcher at GECAPA, Gabinete de Estudos of the Universidade de Lisboa, Fundação Ciência e Tecnologia. In 2017, she joined the Jury of the Max Awards, Spain’s National Performing Arts Awards, organized by the SGAE Foundation. In 2016, she also became a Delegate for the Dance Specialty at the Spanish Academy of Performing Arts. From this role, she collaborated on the editing and publication of three volumes on the history of contemporary dance in Spain, promoted the publication of the book *Poéticas de Creación* (2022), and directed and coordinated 15 Dance Dialogues, a series of encounters between two choreographers from different dance disciplines and the public, focused on the creative process of the choreographer.

Critics highlight that her work is original and open to an encounter between dance and theatre, grounded in dramaturgy, often incorporating multimedia and new technologies in a continuous search for the language of dance through transdisciplinary creations.

Throughout her career, Alicia Soto has carried out tireless work in promoting dance both within and beyond Spain. The belief in the regenerative and reconstructive capacity of this art form, and its value as a tool for inclusion, tolerance, motor development, and physical and mental well-being, has guided both her creative production and the implementation of activities, lectures, and pedagogical projects. In line with this philosophy, her participation in various non-profit initiatives as a teacher in countries such as Portugal, Morocco, Senegal, and, of course, Spain, is particularly noteworthy.

AND YOU, WHO ARE YOU BRINGING?



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Acción Cultural
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