



Workshop By Alicia Soto

“From the subconscious to the scenic reality”

This laboratory pretends to do a bridge between the somatic work, somatic movement and scenic speech. The performer becomes totally present, integrally, with all its capacity, increasing the scenic presence.

The workshop is divided in two parts:

1. Discovering the natural movement

The liberation of the body arrives with the use of the respiration and the conscience that there is a flowing energy from the body to the body.

The weight, the energy and the emotions take us to spontaneity in the movement that allows to discover the body to the space and time, defining the emotional writing.

2. Improvisations

The learning process will be based in the construction and creation of improvisations from the somatic movement technic. The work will be performed from the automatic writing method of the surrealist: action – reaction.

The individual conscience of the space, the energy and the body from each participant shall unite into a single group energy creating a unique score of emotions that flow from a collective subconscious constructing a dramatic reality on scene.

TARGET

This workshop is designed to actors, dancers, performers and b-boys.

NUMBER OF PARTICIPANTS Minimum 6 - Maximum 15



C.V. Alicia Soto

Choreographer, dancer and pedagogue.

Graduated in dance languages, is a movement, space and dramaturgy exploring artist. Alicia Soto is a tireless researcher of the new movement and technological languages.

Graduated at the “Institut del Teatro” Escuela Superior de Arte dramático y Danza in Barcelona with the specialization on choreography and interpretation. She realized post-graduations courses, as invited student at the Folkwang Hochschule, Essen, Germany – Pina Bausch

In 2000 takes the artistic direction of the “Alicia Soto – Hojarasca” Company from Valladolid, Spain, choreographing more than twenty shows, some nominated to the MAX awards, national awards of the scenic arts from SGAE.

She developed several workshops, courses and seminars and participated in many cultural and artistic encounters as speaker, jury member, artistic consultant and lecturer national and internationally.

She acted with the Company in National Festivals and in Mexico, Colombia, Japan, Germany, Portugal, Egypt, China, Morocco...

http://hojarasca-danza.es/html_spa/directora.html

http://www.hojarasca-danza.es/html_eng/directora.html

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